December - 2019

# CALICUT TIMES

Monthly Newsletter of IAP Kozhikode



Dr Ashraf T P President, IAP Kozhikode

**Dr Nihaz Naha K** Secretary, IAP Kozhikode

**Dr Vishnu Mohan P T** *Treasurer, IAP Kozhikode* 

- Kathir Family Meet
- Scientific Session & Annual GB IAP Kozhikode
- Ardram -Janakeeya Campaign
- PEMC Kozhikode 2019
- Pediatric

### INDIAN ACADEMY OF PEDIATRICS KOZHIKODE

Ventilation Workshop Jeevanraksha Program - TOT for NSS Prog Officers

Monthly Newsletter of IAP Kozhikode





### **PRESIDENT'S MESSAGE**

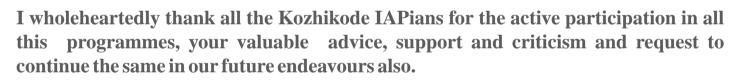
Dear colleagues,

We are here with the 12th edition of Calicut Times, the monthly Newsletter of IAP Kozhikode.

I'm proud to be the President of this branch which was recognized by the State IAP and now by the Central IAP.

Happy to share that we have also bagged best branch award Nationally and also we have the maximum no of awards as a branch. Thanks to Dr Remesh Kumar our dear HSG and CIAP for recognizing our efforts. As always I say, this is the recognition to each and every member of IAP Kozhikode who actively participated in the activities of our branch and made all this possible.

I also thank my secretary Dr Nihaz Naha who is actually the driving force of IAP Kozhikode and also all the executive members and other active members of IAP Kozhikode for taking the activities of IAP Kozhikode sky high. I would really like to mention names of Dr Ajithkumar VT, Dr Vijayakumar M, Dr Mohandas Nair, Dr Geeta MG, Dr Suresh Kumar E K, Dr Ranjith P, Dr Vishnu Mohan, Dr KrishnaMohan and Dr Vidhu Ashok for their outstanding efforts





**Dr Ashraf T P** President, IAP Kozhikode

UPCOMING PROGRAMMES OF NEXT MONTH	MAIN CONFERENCE
<b>O</b> IAP Kozhikode Newyear Celebration and installation	<b>O GENETIC CME - MARCH</b>

- of New Team- 01st January
- O KMCT PED 2020 05 January 2020
- **O** National Pedicon 06-12th January
- **O** IAP Kozhikode 1st EB Meeting 14th January 2020
- Panel discussion on Immunization- 17th January
- District wise inauguration of Pulse Polio Immunization- 19th January
- **O** Ventilation Workshop- 24th & 25th January
- O Monthly Clinical Meeting 30th January
- WORKSHOP ON TYPE 1 DIABETES - MARCH
  SPORTS MEET -18TH APRIL 2020
  SUMMER PEDICON- 19TH APRIL 2020
  SOUTH ADOLESCON -OCTOBER

### CALICUT TINES TINES Monthly Newsletter of IAP Kozhikode





### **IAP KOZHIKODE OFFICE BEARERS 2020**



**President** Dr Ashraf T P

**Joint Secretary** Dr Vidhu Ashok

**Arts Club Coordinator** Dr Athul P J Vice President Dr Geetha P

**Treasurer** Dr Rahul Illaparambath

**Web Editor** Dr Ajay V **Secretary** Dr Nihaz Nah K

**Fitness Club Coordinators** Dr Rajul Koyadeen Dr Bijul B S

Journal Editors

#### Dr Gireesh S Dr Abdul Rauf K K

#### **Media Club Editors**

Dr Tinoy Paul Dr Arjun C M

#### **PG Representatives**

Dr Aneeta J Pallath(IMCH) Dr Abhilash R J(IMCH) Dr Habeeb Rahman(MIMS) Dr Mujeeb(BMH)

Monthly Newsletter of IAP Kozhikode





3-Dec-2019

### **INTERNATIONAL DISABILITY DAY** IAP Kozhikode

Dr Ashraf T P Addtl professor Department of Pediatrics GMC Kozhikode, President IAP Kozhikode had a interactive session with parents on issues of children with disabilities. Session attended by around 150 parents of children with cerebral palsy and intellectual disabilities.













4-Dec-2019

Class on adolescent health & Substance abuse at GHSS Chemmad by Dr Ranjith P, Web Editor IAP Kerala on 4/12/2019



7-Dec-2019

Dr Vidhu Ashok, Asst Prof Department of Pediatrics, MMC Kozhikode on Health is Wealth program IN Avashavani Kozhikode talk on PICA. The program will be telecasted at 9 am on 7-12-2019

Monthly Newsletter of IAP Kozhikode





7-Dec-2019

### **KATHIR FAMILY MEET**

**Programme for differently abled children & their family in association with DHS and NHM the family meet of kids in DEIC in General Hospital Kozhikode was conducted at IMA hall on 7/12/2019.** 

Dr Naveen A DPM Kozhikode welcomed the programme. Artist Pranav Inaugurated the Programme by drawing with his legs. Dr Asha Devi, Addtl DMO Presided the Programme, Dr Mohandas, RCH Officer, Dr Ashraf T P President IAP Kozhikode, Dr Sachin Babu IMA President, Dr Vijayan P DEIC Medical officer & senior Pediatrician also felicitated the program.

The official program was followed by cultural activities by Kids and Prize distribution to all participants







Complete 2019
Complet







Monthly Newsletter of IAP Kozhikode





#### 8-Dec-2019

Dr Rajesh M Karuvattil, Consultant Pediatric Neurologist, BMH Hospital giving a talk on Febrile Encephalopathy at Pediatric Infectious disease CME held on 08/12/2019 at Thrissur.



Dr Ashraf T P, President IAP Kozhikode as Trainer in district level training on **RNTCP** Pediatric Update at Vijayawada on 08/12/2019



8-Dec-2019

Dr Vijayakumar M, Companion Editor IAP Kerala at inaugural function of KENDOCON KOCHI 2019 @ Lulu Bolgatty International Convention Centre on 08/12/2019

He also Chaired the session of Dr Nalini Shah on management of non nutritional rickets



Monthly Newsletter of IAP Kozhikode



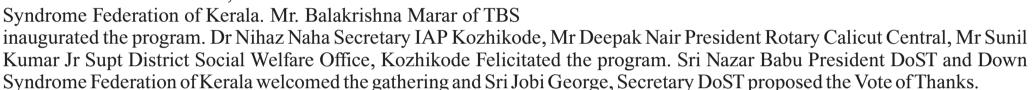


#### 8-Dec-2019

#### **SPORTS AND ATHLETIC EVENTS FOR PERSONS WITH DOWN SYNDROME**

As a part of World Disability Day 2019 organized by Down Syndrome Federation of Kerala and Down Syndrome Support Group(DoST) Kozhikode at Malabar Christian College Ground on 08/12/2019.

The Programme was Presided by Dr Shaji Thomas John, President IAP Kerala 2014, chairman DoST and Patron Down



Events like running race, jumbing, soft ball throw, short put for the Kids and Running race for the parents were conducted.

Prizes were distributed by the Chiefguest.





Monthly Newsletter of IAP Kozhikode





#### 10-Dec-2019

#### **SCIENTIFIC SESSION & ANNUAL GB IAP KOZHIKODE Date: 10/12/2019 / Venue: Hotel Hyson Heritage**

Meeting started with installing the presidential medellion to IAP President Dr Ashraf T P by Secretary Dr Nihaz Naha K

Followed by silent prayer.

#### Scientific session

Puzzling tales bugs will: Piecing the story together was took by \*Dr Geeta M G\*, Professor Department of Pediatrics GMC Kozhikode.

The GB started Following the scientific session

Dr Ashraf T P, President IAP Kozhikode 2019 welcomed the gathering and gave Presidential adress. He congratulated and thanked all the IAPians of Kozhikode for all the support and active involvement in the IAP activities in the year 2019.

Dr Nihaz Naha K Secretary IAP Kozhikode presented an over view of the Activity Report 2019 and also presented the annual accounts of IAP Kozhikode 2019.It was passed by GB (Dr Krishnamohan\* proposed & Dr Ranjith seconded)

Awards received at PEDICON Kannur 2019\* was distributed.

GB passed a resolution to congratulate the

bearers of IAP Kozhikode 2020. The office bearers were selected unanimously as follows.

DrAshrafTP-President Dr Geetha P - Vice President Dr Nihaz Naha K - Secretary Dr Vidhu Ashok - Joint Secretary participating in \*IAP National level Pediatric Quiz competition @ Indore\*.

Following which there was a brief discussion on \*Family meet of IAP Kozhikode, Summer Pedicon & Sports meet and Membership campaign\*.



Dr Rahul Illaparambath-Treasurer Dr Rajul Koyadeen & Dr Bijul B S- Fitness **Club** Coordinators Dr Athul - Arts Club Coordinator Dr Ajay V\*-Web Editor

It was decided to make \*Dr Mohandas Nair\* as the Organizing Chairperson and \*Dr Ranjith P\* as the Organizing Secretary of Summer Pedicon and to convene a Organizing committee meeting at the earliest to decide on the further committees.



An amount of \*20,000/-\* was handed over to Dr KrishnaMoha n R, Treasurer IAP Kerala as

Also decided to make a \*Commitee of 10 EB members headed by Dr KrishnaMohan R\* to scrutinize the existing members and troubleshoot the issues in casting vote, convert maximum associate life members to life members and to enroll maximum no of new members at the earliest for upcoming \*CIAP elections 2020\*

office bearers 2019 for the best branch award as per the the appreciation by past president Dr Krishnakumar P.

This was followed by the \*election of office

a \*contribution from IAP Kozhikode from the profit of 2 state conferences held in 2019.\*

A contribution was also given to the UG students of GMC Kozhikode for \*Dr Nihaz Naha\*, Secretary IAP Kozhikode proposed the vote of thanks and requested to the members to continue all the support for the future programs.

Monthly Newsletter of IAP Kozhikode

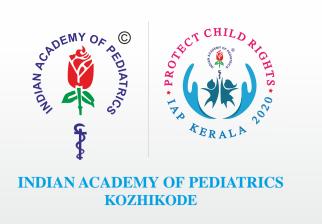








Monthly Newsletter of IAP Kozhikode





#### 10-Dec-2019

Dr Shabeer M P, Consultant Neonatologist Iqraa Hospital delivering talk on NIV at the GB & Monthly CME of NNF Malappuram on 10/12/2019



11-Dec-2019

#### DR KRISHNA MOHAN TALK COMMON PEDIATRIC PROBLEMS FOR MEDICAL OFFICERS





#### 12-Dec-2019

Rota virus inaugration at CHC Neduva by Dr Sujatha Block MO on 12/12/2019. Dr Sreela P Pediatrician, HS Sri Ashraf K K, PHNS Smt. Janu, PHN Mary John, Jphn Smt Jayanthi were present

#### INFANT DEATH REVIEW

12-Dec-2019



Monthly Newsletter of IAP Kozhikode





12-Dec-2019

### **DR. RANJITH P - ROTA** VIRUS INAUGURATION

Rota virus inaugration at CHC Neduva - valiyattil anganwadi, chemmad by Dr Ranjith P, Web editor IAP Kerala, Councilor Smt Ramla, PHN Smt Sarojini, Jphns Smt. Mini, Rejina, Jhi s Prasanth, Rajesh, Rasak Led the camp





#### **ARDRAM - JANAKEEYA CAMPAIGN**

State level football meet VIBGYOR - 2 @ calicut areena ground Moozhikal, kozhikode

Organised by Dept of health services Kozhikode NHM Kozhikode. IAPKozhikode also a partner for the tournament.

Inaugrated by Smt Shylaja teacher Hon. Minister of Health & Social justice.Our respected senior member Dr R L Sarita DHS Kerala presided the function. Sri.VKC Mammad Koya, MLA Beppoor was the chief guest

Dr Rajul K, Sports & fitness co ordinator IAP Kozhikode was the main striker & goal scorer in the finals for team kozhikode

Team kannur became the champions Team Kozhikode was runners up.



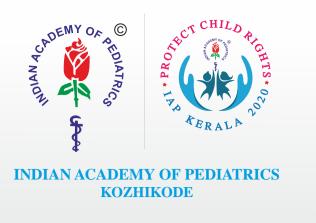
Dr Ashraf T P, President IAP Kozhikode, Dr Sreekumar Superintendent IMCH, Dr Jayakrishnan, Additional Professor IMCH, Dr Ranjith P, Web Editor, IAP Kerala, Dr Aslam P K Asst Professor IMCH met the players on ground and attended the award function

Well organised by our executive member Dr

Naveen, DPM Kozhikode.

The Ardram theme " Our health is our responsibilty " was well conveyed

Monthly Newsletter of IAP Kozhikode





#### 14-Dec-2019

#### JEEVANRAKSHA PROGRAM - TOT FOR NSS PROGRAM OFFICERS (TEACHERS)

IAPKOZHIKODE Date: 14th September 2019 Time: 9:30 am to 1:00 pm Kerala IAP, IAP Kozhikode, NHM, Health Services and National Service Scheme organised TOT programs for NSS Program Officers(Teachers)

at Govt High School Karaparamba. The topics discussed were First aid and Emergency management in Schools and Basic life support. Dr. Ashraf T P, President IAP Kozhikode, Dr. Jayakrishnan M P and Dr Aslam led the classes. Dr Nabeel and Dr Aneeta also took classes. There were active interactive sessions with all the participants. The program was appreciated by all the participants



Monthly Newsletter of IAP Kozhikode





15-Dec-2019

#### Dr Abdul Latheef K M at National Update on Allergy and Applied Immunology

Dr Abdul Latheef K M, Presented a poster on Incomplete Kawasaki Disease and won special award at National Update on Allergy and Applied Immunology on 15/12/2019

### PEDIATRIA ANCH TE ON NO 20 Bran

#### Congratulations sir



#### 15-Dec-2019

#### Proud Movement for IAP Kozhikode@Neocon 2019 Hyderabad 13-15 December

Our treasurer Dr Vishnu Mohan P T, being the Secretary of NNF Kerala bagged the Best NNF State Branch at National Neocon 2019 Hyderabad

Congratulatons to Dr Manoj V C, President NNF Kerala, Dr Vishnumohan PT'' Secretary



### NNF Kerala and all NNF members of Kerala



Monthly Newsletter of IAP Kozhikode





#### **20-Dec-2019**

#### **CHC Neduva**

Class for Asha workers of Rota virus vaccination by Dr Ranjith P Web editor IAP Kerala at Chemmad Well organised by Sri Ashraf K K Health supervisor, PHN Smt Sarojini, Jhi Prasanth, Jphn Mini, Rejina, vismaya



#### 20-Dec-2019

#### PEMC Kozhikode 2019

Date : 20/12/2019 Venue : KCR Hall, IMCH

Dr Geeta M G HOD I/C welcomed the gathering. Dr Ashraf T P President IAP Kozhikode Inaugurated the Program. Dr Mohandas Nair Felicitated the function. Dr Nihaz Naha K proposed the vote of thanks. Dr Jayakrishnan M P was the lead instructor and course Coordinator.

Following the inaugural function, Dr Jayakrishnan gave a brief overview of the program.

Discussion on various emergencies followed by simulation of the same was conducted.Lectures on emergencies in Paediatrics, Workstations on various emergency procedures and simulation of various scenarios were included in the program.PGs were introduced to Simulation based training.

#### **Faculties were**

Dr Jayakrishnan M P , Dr Babu Francis, Dr Fiji, Dr Aslam Dr Shameem, Dr. Rajesh, Dr Manjusha, Dr Ajina

Total 22 delegates including vfirst year pgs and nursing students attended the course and the course was well appreciated by the delegates.

Well arranged by Dr Jayakrishnan and Team IMCH.



Monthly Newsletter of IAP Kozhikode







#### PEDIATRIC VENTILATION WORKSHOP

Date : 21/12/2019 Venue: KCR Hall, IMCH

Along with the PEMC Kozhikode

2019, ventilation workshop was also conducted on 21st December.

Dr Jayakrishnan, was the lead faculty. Sessions on different aspects of pediatric ventilation was covered over the full day workshop.

Workstations on setting up of

ventilator, circuit and humidification, and different aspects non invasive ventilation was also included.

Total of 25 Delegates attended and the entire program was well appreciated



Monthly Newsletter of IAP Kozhikode





22-Dec-2019

#### DR. VISHNUMOHAN AT EB KOCHI ON 22-12-19

Dr Vishnumohan P T being honoured at IAP EB at Kochi on 22/12/2019 for getting the best NNF State Branch award during his secretaryship





#### AIDS DAY RALLY AT CHEMMAD ORGANISED BY CHC NEDUVA

Dr Ranjith P, Mo i/c, Sri Asilal HI, PHN Sarojini Lead the rally

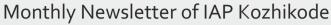
### 28-Dec-2019

Dr Ashraf T P@State Level Continued Rehabilitation Education Programme on 28th



#### December 2019

Dr Ashraf T P, President IAP Kozhikode taking session on " Common Medical Condition associated with Developmental Disability" at State Level Continued Rehabilitation Education Programme jointly Organized by Rehabilitation Council of India, University of Calicut and NIEPID, Secunderabad for for audiologist, speech therapist and psychologist at Seminar complex Calicut University on 28th December 2019.

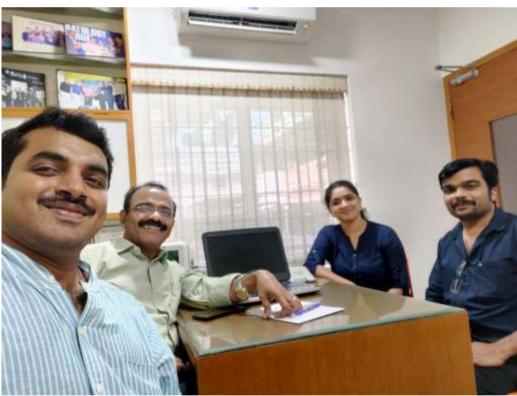






#### DR KRISHNAMOHAN R TREASURER IAP KERALA AT NATIONAL ALLERGY UPDATE...TALK ON INVESTIGATIONS IN PEDIATRIC ALLERGY.





#### DHS Dr Saritha RL, Our executive

#### PRESIDENTIALACTION PLAN-SOCIAL MEDIA FOR CHILD HEALTH PROMOTION

Dr Narayanan President IAP Kerala and Dr Ranjith P Web Editor, IAP Kerala in Discussion with our web designers & social media promoters Alamo media at cochin



member, had an opportunity to meet and discuss with HE Humaid Al Qutami , DHA and could impress on the measures taken to reduce IMR and MMR.

They appreciated the Infant death audit and the association of govt with the paediatric organisation. Thank you all..

W

#### 150 likes

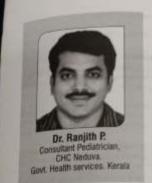
dha\_dubai حميد القطامي يلتقي بوفد رفيع المستوى من dha\_dubai وزارة الصحة ورفاهية الأسرة التابعة لحكومة ولاية كيرالا، وإم جي إم للرعاية الصحية، ويزور مستشفى ڤي بي اس ليك شور يرافقه وفداً من مسؤولي #صحة\_دبي، ناقشوا خلال تلك اللقاءات فرص التعاون في مجال الأمراض الجهاز الهضمي، والجراحات المعقدة . .وخدمات زراعة الأعضاء

Monthly Newsletter of IAP Kozhikode



December - 2019 VOL-12

#### Dr Ranjith P, Web Editor IAPKerala Write Up In Kgmoa Journal



Immunisation is an important public health programs in RCH activities A proper knowledge about immunisation and AEEI is essential for every medical officer in health in

#### Anaphylanis

- · Anaphylaxis is an extreme and severe allergic reaction & a is potentially life threatening.
- Anaphylaniararely can occur after vaccination (1 at 10000). There will be Sudden onset of symptoms which rapidly worsens.

There should be more than 1 signs and symptoms of any of the two systems to diagnose it as anaphylaxis (respiratory cardise, dermatological/mucosal)

#### Features of anaphylaxis.

Anaphylaxis is a multisystem involvement. Most life threatening events happens within 10 minutes.More rapid the onset. more severe will be the severity of anaphylatic reaction. Thereforewe have to observe every child for at least 30 minutes after immunisation. Anaphylaxiscan recurat 8-12 hrs.lt can last maximum up to 48hrs

#### Respiratory signs and symptoms

Includes Swelling intongoe, lip, throat, irvula or larynu, ddfaulty in breathing, stridor, wheezing, Cyanosis Agranting

Cardiovascular signs and symptoms includes Fainting distriness, hypotension & Tachycardia

Dermatological /mucosal signs and symptoms includes generalised urticaria, generalised erythema

cal or generalised angioederna and generalised provints with



Management

of Anaphylaxis at



Dr Vishnu Mohan, Secretary NNF Kerala, **Chairing The Perinatology Session at National Neocon Hyderabad** 





**Dr Vijayakumar M Companion Editor** IAP Kerala and Dr Mohandas Nair at Mathrubhumi Health Expo at Ernamkulam





Dr Vijayakumar M, Companion Editor IAP Kerala, talk at Manjeri Medical College on Pediatric HIV infection as part of AIDS day program



### INDIAN ACADEMY OF PEDIATRICS KOZHIKODE

